

Practicing Leadership (EDU 345)

Credit Hour: 3

Teaching Mode: In-Person

Schedule: Monday to Friday (10:30 AM – 12:20 PM)

Instructor: Hasham Nasir

Course Description:

This course is designed for students committed to actively and intentionally engaging in leadership development. The goal is to increase your capacity to lead through the practical, hands-on application of leadership concepts both inside and outside of the classroom.

The course has two parts. In part one, students will learn foundational concepts that facilitate leadership development for yourself and others. These include creating an environment that supports development, giving and receiving feedback for goal setting, using coaching as an action-oriented approach to achieving goals, and exploring effective and innovative ways to overcome barriers to growth and development. Part two will focus on building specific leadership capacities to further deepen your ability to lead. Topics include emotional intelligence, communication, conflict competence, resilience. Additionally, students will regularly work in groups to build on in class learning by determining where, how, and when they can practice these concepts outside of class.

This course combines lectures, in-class experiences, scenario discussions, reflections, partner exercises, and the practical application of learning beyond the classroom. The experience will be hands on, interactive, and students who are fully engaged will increase his or her capacity to lead and have plenty of fun along the way!